



What should I bring with me to ALA?

Items to bring with you from home:

- ◇ School clothing (see guidelines below)
- ◇ Dress clothing
- ◇ Pajamas/bathrobe/slippers
- ◇ School and dress shoes
- ◇ Personal items—toiletries, jewelry, pictures, stuffed animals, etc.

Items that can be easily purchased once you arrive in Phoenix:

- ◇ School supplies (pencils, pens, rulers, notebooks, etc.)
- ◇ Over the counter medications (for headaches, stomachaches, etc.)
- ◇ Personal supplies—soap, shampoo, toothpaste, etc.
- ◇ Cell phone— *We will require that you get an American phone number so that host families can contact you—you must pay for the monthly phone charges from the mobile phone company. In many cases, when you arrive you can get a US SIM card to use in your current phone, or a new phone may be purchased if you choose.*

Items you may choose to have, but are not necessities:

- ◇ Laptop computer, tablet (if you do not have a laptop, a Chromebook will be provided for your use by the school)

Items that are provided for you by your host family:

- ◇ Furnished room—bed, mattress, clothes closet, desk or study area, lamp, trash can, mirror, laundry basket
- ◇ Linens—sheets, pillowcase, pillow, blanket, comforter, towels
- ◇ Internet Wi-Fi connection
- ◇ Use of washing machine and dryer
- ◇ Shared space with your host family—kitchen, living areas, television

*Regular opportunities to shop for necessities will be provided by the host family.



Appropriate Clothing for School

ALA seeks to promote excellence in all areas of education—including dress. The following guidelines apply to students during the school day or at any school-sponsored events on or off campus. More details can be found in the Parent/Student Handbook that all students will receive during orientation week.

***ALA does NOT have a school uniform. Students choose their own clothes to wear to school.*

Basic Guidelines for All

- Students are to keep themselves neat, clean, well-groomed and modestly dressed.
- Students may not wear clothing that displays any: alcohol, drugs, cigarettes, skulls, morbid images, music-related, radio stations, or any other writing or logos that offend Christian values. Shorts, pants or skirts that have writing on the backside are unacceptable.

Boys

- **Shirts:** Shirts must have sleeves and a modest neckline or have buttons. No tank tops or sleeveless shirts are allowed.
- **Shorts/Pants:** Pants, jeans and shorts are permitted.

Girls

- **Shirts:** Shirts must have a modest neckline. No tube tops or exceptionally tight-fitting tops are allowed. Tank tops are allowed if the shoulder seam is a minimum of 1 inch wide. Shirts must be long enough to cover the entire waistband of the pants, shorts, or skirt.
- **Shorts/Pants:** Pants, jeans and shorts are permitted. Shorts must have a minimum of a six inch inseam.
- **Skirts/Dresses:** Girls may wear skirts or dresses as long as the hem is no more than 4 inches above the knee. Shoulder seams must be at least 1 inch wide.

It is not practical for ALA to establish written rules for every single issue of dress that may arise. At those times when personal judgments are made, students will honor the decisions of those who are persons in authority.

**** Please keep in mind that the weather in Phoenix is quite warm. August and September temperatures are still very hot and can reach 36-38°C. In winter months, the high temperatures range from 18-20°C and the low temperatures average 4-8°C. Heavy winter sweaters and coats are not usually necessary.*